LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

**M.Sc.** DEGREE EXAMINATION – **MEDICAL SOCIOLOGY**

THIRD SEMESTER – NOVEMBER 2010

# SO 3807 - COUNSELLING

Date : 01-11-10 Dept. No. Max. : 100 Marks

Time : 9:00 - 12:00

**Part – A**

*Write a short note on ALL of the following in about 30 words each* (10 x 2 = 20 Marks)

1. Vicarious Coping.
2. Emotional insightfulness.
3. Psychiatrist.
4. Diagnostic and Statistical Manual.
5. Reluctant Client.
6. Primary Empathy.
7. Sublimation.
8. Extinction.
9. Aversion Therapy.
10. Catharsis.

**Part – B**

*Answer any Five questions in about 300 words each* (5 x 8 = 40 Marks)

1. Distinguish between counselling and guidance.
2. What is counter-transference? What are ways by which they are expressed?
3. What are the factors that promote resistance to termination of counselling relationship?
4. What is recycling? How would you refer a difficult client to another professional?
5. What is rational Emotive Therapy? How does it view human nature?
6. Describe the five characteristics of the normal acute grief response to bereavement.
7. What are the practical issues that affect drug- related problem counselling?

**Part – C**

*Answer any Two questions in about 1200 words each* (2 x 20 = 40 Marks)

1. ‘The ultimate goal in counselling is for counsellors to become obsolete and unnecessary to their clients’. Evaluate the conditions in which termination may be particularly difficult for counsellors.
2. What is psychoanalysis? Examine in detail the prominent techniques in psychoanalysis.
3. Review some of the issues that affect HIV counselling.
4. Evaluate Cormier and Hackney’s Model of information-oriented first interview.

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